

Katia Fredriksen, Ph.D.

Licensed Psychologist, MD (#04894) & VA (#0810007562)

Instagram: @neuropsychmomdocs

Education

- 2001-2006 **University of Massachusetts Boston**
Ph.D. in Clinical Psychology May 2006
M.A. in Psychology June 2003
- 1996-2000 **Princeton University**
B.A. in Psychology, certificate in French language/culture, cum laude
- Spring 2001 **University of Bergen, Norway**
- Spring 1998 **University of St. Andrews, Scotland**

Clinical Experience and Training

- 9/2010-present **The Stixrud Group, A Lifespan Neuropsychology Practice** (Maryland)
Pediatric neuropsychologist
Includes: neuropsychological assessment with clients ranging primarily from kindergarten- to college-aged with learning differences, autism, ADHD, executive functioning difficulties, and emotional vulnerabilities; student feedback meetings; attendance/advocacy at school meetings; presentations for professional and parent populations; expert witness testimony.
- 9/2008-8/2010 **Integrated Center for Child Development** (Massachusetts)
Pediatric neuropsychologist
Similar to above.
- 8/2006-8/2008 **Integrated Center for Child Development; Children's Evaluation Center** (Massachusetts)
Post-doctoral fellowship in outpatient pediatric neuropsychology
Neuropsychological assessment with pediatric population with developmental delays, autism, genetic disorders, ADHD, and learning/executive functioning difficulties, including multi-disciplinary assessment.
- 7/2005-6/2006 **Cambridge Health Alliance, teaching affiliate of Harvard Medical School** (Massachusetts)
Pre-doctoral psychology intern

Outpatient psychotherapy and neuropsychological/projective assessment with children and families at a community mental health center and with adults at an outpatient clinic.

9/2004-5/2005

Child Development Center, Cambridge Health Alliance

Neuropsychology testing apprentice

Neuropsychological and projective assessment with inpatient and outpatient children and adolescents.

9/2003-6/2004

Child Assessment Unit, Cambridge Health Alliance

Psychology trainee

Individual/family therapy and psychological/cognitive assessment as part of a multidisciplinary team working with an inpatient pediatric population.

9/2002-5/2003

University of Massachusetts Boston Counseling Center

Psychology trainee

Individual psychotherapy with a diverse college-aged student population.

Publications

Fredriksen, K., & Rhodes, J. (2004). My favorite teacher: The role of teacher relationships in the lives of children and adolescents. *New Directions in Youth Development*, 103, 45-54.

Rhodes, J., Roffman, J., Reddy, R., **Fredriksen, K.**, & Way, N. (2004). Changes in self-esteem during the middle school years: A latent growth curve study of individual and contextual influences. *Journal of School Psychology*, 42, 243-261.

Fredriksen, K., Rhodes, J., Reddy, R., & Way, N. (2004). Sleepless in Chicago: Tracking the effects of adolescent sleep patterns during the middle school years. *Child Development*, 75(1), 84-95. Covered by various media, including National Public Radio, ABC News, WebMD, the New York Times, and Boston Parents' Magazine.