



Recommendations for Achieving Accurate Test Results:
Please Read Carefully (Children)

The following are our suggestions for optimizing the testing conditions that will enable us to gather accurate and reliable results for your child. Our goal is to conduct the testing under comfortable conditions.

- **SLEEP**: Of course, we think it is best to get a good night's sleep. We believe this will ensure that your child's performance is not influenced by fatigue.
- **ILLNESS**: While re-scheduling may be challenging, we would much rather re-schedule a child's appointment than test the child when he/she is not feeling well. If illness prevents a child from keeping an appointment, we will re-schedule in a timely manner.
- **FOOD**: Please remember to have your child eat breakfast. On both days of testing, we will take break(s) as needed and a lunch break on the long day of testing. If you would like, you may bring lunch and snacks or there are several options for purchasing food.
- *** **LUNCH BREAK**: Please be back by noon in order to accompany your child to lunch. ***
All parents are expected to take their child to lunch, unless previous arrangements have been made.
- **TRAFFIC**: Because traffic in our location can be unpredictable, it is probably best to allow for extra travel time, in order to guarantee an on time arrival. We have a full testing day and make every attempt to stay on schedule. Often the psychologists have scheduled appointments in the afternoon so they are not able to extend their time if they get started late. Someone is in the office by 8:30 a.m. and the building opens at 7 a.m.
- **TEEN-AGERS & YOUNG ADULTS**: If your son/daughter will be arriving on their own, please be sure that they are at ease with this arrangement and have enough money for parking and lunch (or they may bring a lunch and eat in the office).
- **MEDICATION**: For questions regarding medication, please contact the office or the psychologist whom you are scheduled with.