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Organizing Principles

These are the principles which guide my everyday decision making, my conversations and the choices I make in my personal and professional life:

- “Walk the talk”: anything I discuss or suggest are principles that I would personally utilize and practice
- Children and adults require a feeling of safety for optimal growth and functioning in daily life. What do we need to in order to develop and maintain this?
- The very nature of existence is to progress towards ease and happiness. What can we do to encourage this progression?
- For every child who enters my life, my first and most relevant question is: How would I like my own child to be treated? I believe that with this mindset as the basis of my thinking, my conversation has a greater chance of being meaningful, authentic, empathetic and compassionate.

Relevant Work Experience

2010-present	Partner, Stixrud Educational Consulting
1991-present	Clinical Care Manager, The Stixrud Group
1990-present	Administrative Director, The Stixrud Group

Current Professional Interests

- Ongoing understanding and development of leadership skills within The Stixrud Group
- Working with families to locate an optimal school environment
- Helping families to understand and develop pragmatic and proactive plans for their children
- Teaching opportunities at workshops and professional staff meetings regarding (1) evaluation and intervention for the early childhood years and (2) conversation with staff about maintaining their own personal optimal health and personal development

Education

2002-2004	Tai Sophia Institute, Columbia Maryland Applied Healing Arts Program
1979-1981	Institute of Childhood Development University of Minnesota, Minneapolis campus Certificate: Early Childhood Education
1975-1977	University of Washington, Seattle M.Ed., Special Education, early childhood
1970-1975	University of Southern Illinois, Carbondale B.A.: Education and psychology

Teaching Experience

- 1984-1990 Maharishi School
Classroom teacher, parent educator
Director of Early Childhood Programs
2 year old Mom 'n Tots class through kindergarten
- 1982-1983 Nursery School, Boston, Massachusetts
Owned and taught in a "one room" school house
- 1977-1981 Anoka-Hennepin School District, Minnesota
Early Intervention Programs
 (a) Co-taught with a Speech Language Clinician in a pre-Kindergarten
 program for children identified with a developmental delay or disability
 (b) Professional development for early childhood teachers
 throughout the district and the state

Personal

Married, two adult children
Hobbies: cooking, yoga, reading, knitting, hiking