

ELIZABETH A. SCHROTH, MA, LCPC, BCC

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CLINICAL LICENSURE

January 2013 *LCPC, Licensed Clinical Professional Counselor, Maryland (LC4899)*

December 2011 *BCC, Board Certified Coach, (License No. 1495)*

EDUCATION

January 2011 *Master of Arts in Clinical Psychology*
Georgia State University, Atlanta, Georgia
APA Accredited Program

May 2004 *Bachelor of Arts in Psychology*
Minor in Biology, with an emphasis in Neuroscience,
Magna Cum Laude; Distinction in Psychology
Hamilton College, Clinton, New York

PROFESSIONAL PRACTICE

January 2012 - Present *Founder and Owner*
Transitional Insights, LLC
Silver Spring, Maryland

- Provide individual mental health diagnosis and treatment including counseling and biofeedback services to children and adults with attention deficit disorder, depression, learning disabilities, anxiety, autism, pervasive development disorder, and other mental health issue
- Currently operate this business as a private practice.

April 2012 – Present *Neurofeedback Clinician and Mental Health Counselor Resident*
The Better Brain Center, LLC
Alexandria, Virginia

- Work with individuals using traditional biofeedback and neurofeedback techniques to treat problems with stress, addiction, and anxiety. Provide individual psychotherapy

December 2011-April 2012 *Transition Management Consultant and Career Coach*
SenseSmart Consulting International and Aera Energy
California

- Career consulting during organizational change and restructuring
- Meet individually with employees and provided career counseling and consulting. Used visual mapping techniques.
- Developed a workbook to aid in employee's self-reflection and goal formation in preparation for their career transitions

CLINICAL INTERNSHIPS

- June 2010–May 2011 *Social Skills Therapist*
Beyond Words Center for Social Skills
Atlanta, Georgia
- Co-facilitated weekly interpersonal psychotherapy groups focused on social skill building with children ages 6–15.
- June 2008–May 2011 *Psychotherapy Practicum Clinician*
Georgia State University Psychology Clinic
Atlanta, Georgia
- Provided ongoing individual psychotherapy for adult outpatients with various Axis I and Axis II diagnoses. Completed intake evaluations, treatment planning, diagnoses, and case conceptualizations.
- July 2007–January 2008 *Neuropsychological Assessment Practicum Clinician*
Regents Center for Learning Disabilities
Georgia State University
Atlanta, Georgia
- Conducted neuropsychological evaluations; administered personality and intellectual assessments; wrote comprehensive reports.
- August 2004–May 2005 *Clinical Intake Coordinator*
Private Psychiatry Practice of Alan Zametkin, M.D.
Bethesda, Maryland
- Facilitated consultations with children, adolescents, and adults with psychiatrist in private practice with a variety of psychiatric disorders.
- Summer 2000-2001 *Neurofeedback Intern*
Private Practice of Angelo Bolea, Ph.D.
Clarksville, Maryland
- Assisted in use of neurobiofeedback therapy as a treatment modality for children with autism and other neurological disorders

CLINICAL CERTIFICATION

Beginning and Advanced Training in Low Energy Neurofeedback Systems (2011, 2012, 2013)
Neurofeedback in Clinical Practice (2012)
Pain and biofeedback (2012)
SAFE Zone Training for LGBTQ-IQ Issues (2007)

PROFESSIONAL MEMBERSHIP

Mid-Atlantic Society for Biofeedback and Behavioral Medicine
International Society for Neurofeedback and Research
American Counseling Association
Licensed Professional Counselors of Maryland
Sigma Xi (Scientific Honorary Research Society)
Psi Chi (National Honors Society in Psychology)

CLINICAL RESEARCH

- June 2012 – Nov. 2012 *NIMH Mental Health Research Contractor*
National Institutes of Health, National Institute of Mental Health Section
on Development and Affective Neuroscience
Bethesda, Maryland
- Conducted clinical research visits with participants who are receiving treatment for mood and anxiety disorders.
 - Performed data analysis, data interpretation, and manuscript preparation.
- August 2006-May 2011 *Doctoral Graduate Research Assistantship*
Lab for the Study of Anxiety Disorders Across Development
Department of Psychology, GSU
Atlanta, Georgia
- Coordinated fMRI neuroimaging studies examining emotion processing of people with social anxiety symptomatology.
 - Prepared manuscripts and presentations, analyzed behavioral data using SPSS, analyzed neuroimaging data using SPM. Involved in data interpretation and manuscript writing
- June 2004-June 2006 *Post-Baccalaureate Intramural Research Training Award*
National Institutes of Health, National Institute of Mental Health
Mood and Anxiety Disorders Program, Section on Development and Affective Neuroscience
Bethesda, Maryland
- Facilitated research projects exploring the relationship between emotion regulation and risk for major depressive disorders in adolescents
- June 2003-August 2003 *Intern*
National Institutes of Health, National Institute of Mental Health
Clinical Neuroimaging Lab, Clinical Brain Disorders Branch
Bethesda, Maryland
- Analyzed task performance data for a variety of studies involving patients with Parkinson's and schizophrenia
- June 2002-August 2002 *Intern*
National Institutes of Health, National Institute of Mental Health
Neuropathology Lab, Clinical Brain Disorders Branch
Bethesda, Maryland
- Improved access to information in the Clinical Brain Disorders Branch post mortem human brain repository unit by updating and organized demographic and diagnostic information.

JOURNAL PUBLICATIONS

- Schroth, E.A.**, Broth, M.R., & Tone, E.B (2013). Associations between maternal positive affect and mother-child reminiscing about happiness. (under review)
- Anderson, S., Khojawa, M., Rosales, A., **Schroth, E.**, & Street, J. (2010). Unique perspective on diversity experiencing intersecting roles of students in clinical training. *Psychotherapy Bulletin*. 10(4):8-10.
- Monk, C.S., Klein, R.G., Telzer, E.H., **Schroth, E.A.**, Mannuzza S., Moulton, J.L. III, Guardino, M., Masten, C.L., McClure, E.B., Fromm, S., Blair, R.J.R., Pine, D.S., & Ernst, M. (2008). Amygdala and nucleus accumbens activation to emotional facial expressions in adolescents at risk for major depression. *American Journal of Psychiatry*. 165(1): 90-98
- Maheu, F.S., Merke D.P., **Schroth, E.A.**, Keil, M.F., Hardin, J., Poeth, K., Pine, D.S., & Ernst, M. (2008). Steroid abnormalities and the developing brain: declarative memory for emotionally arousing and neutral material in children with congenital adrenal hyperplasia. *Psychoneuroendocrinology*. 33(2): 238-245.
- Hardin, M.G., **Schroth, E.A.**, Pine D.S., & Ernst, M. (2007). Incentive-related modulation of cognitive control in healthy, anxious, and depressed adolescents: Development and psychopathology-related differences. *Journal of Child and Adolescent Psychiatry*. 48(5): 446-454.
- Jazbec, S., Hardin, M.G., **Schroth, E.A.**, McClure, E.B., Pine, D.S., & Ernst M. (2006). Age-related influence of contingencies on a saccade task. *Experimental Brain Research*. 174(4): 754-762.
- Munson, S., **Schroth, E.**, & Ernst, M. (2006). The role of functional neuroimaging and pediatric brain injury. *Pediatrics*. 117(4): 1372-1381.
- Zametkin, A., **Schroth, E.**, & Faden, D. (2005). The role of brain imaging in the diagnosis and management of Attention-Deficit/Hyperactivity Disorder. *ADHD Report*. Guilford Press.

CLINICAL PRESENTATIONS

- Schroth, E.A.** (2010, September). *Working with two in the context of one: Couples considerations in individual therapy*. Clinical case presentation presented to the staff members of the Georgia State Psychology Clinic. Atlanta, Georgia
- Schroth, E.A.** (2009, September). *Diversity considerations with transgender clients in clinical settings*. Presentation presented at Georgia State Psychology Clinic. Atlanta, Georgia
- Schroth, E.A.** & McKee, T.E. (2004, April). *Getting ready for college: How to prepare yourself for the transition*. Presentation given to students with special needs at New Hartford High School. New Hartford, New York

POSTER PRESENTATIONS

- Garn, C., Fani, N., **Schroth, E.A.**, Nahmias, E., & Tone, E.B. (2011, April). *The role of deception in assessing for social and cognitive differences in social anxiety*. Poster presented at the annual meeting of the Georgia Psychological Association, Atlanta, Georgia.
- Schroth, E.A.**, Broth, M.R., Tolleson, A.E., Sorto, P.J., & Tone, E.B. (2011, April). *Exploring associations between maternal positive affect and emotion socialization behavior during mother-child conversations about happy emotions*. Poster presentation at the annual meeting of the Georgia Psychological Association, Atlanta, Georgia. Poster awarded a First Place Prize by the Georgia Psychological Association Council on the Psychology of Women and Girls
- Mehta, N., **Schroth, E.**, Calamaras, M., Anderson, P., & Tone, E. (2010, March). *Attentional bias to social threat: Results from a novel face feedback task*. Poster presented at the 31st annual meeting of the Anxiety Disorders Association of America, New Orleans, Louisiana.
- Schroth, E.A.**, Fani, N., Nahmias, E. Compton, & Tone, E.B. (2008, November). *Do social anxiety symptoms impair or facilitate performance on a theory of mind tasks?* Poster presentation at the 42 Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida
- Fani, N., **Schroth, E.**, Kvaran, T., Nahmias, E., & McClure-Tone, E.B. (2008, March). *Social anxiety, gender, and social conflict: Patterns of response to the Prisoner's Dilemma game*. Poster presentation at the Annual Meeting of the Anxiety Disorders Association of America, Savannah, Georgia.
- Schroth, E.A.**, Pine, D.S., Merke, D.P., & Ernst, M. (2006, June). *Facial expression recognition is altered in adolescents with Congenital Adrenal Hyperplasia*. Poster presented at the annual conference of the Endocrinology Society. Boston, Massachusetts.
- Ernst, M., Maheu, F.S., **Schroth, E.A.**, Hardin, J., Pine, D.S., & Merke, D.P. (2005, September). *Affective and cognitive processing in adolescents with Congenital Adrenal Hyperplasia*. Poster presented at the ESPE/LWPES 7th joint meeting Pediatric Endocrinology, Lyon, France.
- Maheu, F.S., Merke, D.P., **Schroth, E.A.**, Hardin, J., Pine, D.S., & Ernst, M. (2005, September). Evidence of impaired emotion processing in Children with Congenital Adrenal Hyperplasia. *Poster presented at the International Society for Psychoneuroendocrinology, Montreal, Canada.*
- Hardin, M., Jazbec, S., **Schroth, E.A.**, Pine, D.S., & Ernst, M. (2005, May). *Saccadic eye movements in adolescents with anxiety and depression*. Poster presented at the annual meeting of Biological Psychiatry, Atlanta, Georgia.
- McKee, T.E., Fiore, D.M., **Schroth, E.A.**, & Shin CS. (2005, April). *ADHD symptomatology and peer relationships in young adults*. Poster presented at the biennial meeting of the Society of Research in Child Development (SRCD), Atlanta, Georgia.
- McKee, T.E., **Schroth, E.A.**, Fiore, D.M., & Shin C.S. (2005, April). *The impact of ADHD symptomatology on college adjustment in young adults*. Poster presented at the biennial meeting of the Society of Research in Child Development (SRCD), Atlanta, Georgia.

Monk, C.S., Telzer, E.H., **Schroth, E.A.**, Klien, R.G., Mannuzza, S., Moulton, J.L., Masten, C.L., McClure, E.B., Nelson, E.E., Zarah, E., Fromm, S., Blair, J.R., Mitchell, D.G., Pine, D.S., Ernst, M. (2005, April). *Attention-related brain activation to emotional facial expressions in adolescents at risk for major depression: A parametric functional MRI study*. Poster presented at the annual meeting of the Cognitive Neuroscience Society, New York, New York.

Schroth, E.A., Allen, R., Holzer, S., McClure, E.B., Pine, D.S., Merke, D.P., Ernst, M. (2004, September). *Facial expression recognition is altered in adolescents with Congenital Adrenal Hyperplasia*. Poster presented at the 8th annual scientific retreat of the Intramural Research Program of the National Institute of Mental Health, Gettysburg, Pennsylvania.

SUPERVISOR OF UNDERGRADUATE POSTER PRESENTATIONS

Tolleson, A.E., **Schroth, E.A.**, Sorto, P.J., Broth, M.R., & Tone, E.B. (2011, April). *Maternal positive affect and use of positively valenced language during mother-child discussions about happiness*. Poster presentation at the annual meeting of the Georgia Psychological Association, Atlanta, Georgia.

- Poster awarded a Second Place Prize for Undergraduate Research from Georgia Psychological Association Council on the Psychology of Women and Girls.

Tolleson, A.E., **Schroth, E.A.**, Broth, M.R., & Tone, E.B. (2011, March). *Maternal positive affect and use of positive language during mother-child discussions about happiness*. Poster presentation at annual meeting at Georgia State Undergraduate Research Convention, Atlanta, Georgia.

Gard, E., **Schroth, E.A.**, Fani, E.A., & Tone, E.A. (2010, March). *Does race matter? Attentional bias for emotional faces in a diverse sample of college students*. Poster presentation at annual meeting at Georgia State Undergraduate Research Convention, Atlanta, Georgia.

UNPUBLISHED MANUSCRIPTS

Schroth, E.A. (2004, May) *The influence of ADHD symptomatology, family relationships and coping styles on college adjustment of first year students*. Hamilton College, Clinton, New York.

Schroth, E.A. (2003, December) *Hemispheric dominance for memory of the location of visual stimuli*, Hamilton College, Clinton, New York.